

Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination in Rural Women

Activity by – Woman Empowerment Cell & N.S.S.

SUMMARY REPORT

Academic Years: 2017-18 to 2019-20.

Objectives of the Practice:

1. To create awareness in rural women about anemia for their health betterment.
2. To help rural women to eradicate anemia (which is a common condition in females now a days) by suggesting iron rich food.

THE CONTEXT:

It is commonly seen that household women / women workers in the villages are not much aware about balance diet and consumes less nutritious food due to the poverty and less cautious about the nutrition. So, one of the major setbacks is that the haemoglobin content in most these females found lesser than the limit and which can often lead to anemic condition. After puberty, girls are at more risk of iron deficiency anemia. So, to prevent anemic condition it is necessity to know the hemoglobin content in women so the natural remedies can be suggested. Our Institution planned to take up this task by at village Chandapur and provide guideline to increase Hb content by consuming iron rich food.

ACADEMIC YEAR: 2017-18

NSS unit of the college organised HC Checkup camp on 11th January 2018 at Chandapur Village adopted by NSS unit of the college. The Hemoglobin check camp was organized parallelly with the assistance on NSS Volunteers. For the same Dr. Yogesh Lakass, MBBS, MD, Intensivist, Aurangabad was a expert doctor with his team of Sai Sanket Multispecialty Hospital, Aurangabad, Principal of the college and

Sarpanch of the village were present for the event. The Haemoglobin level of 86 women was checked. Few of them were identified with low Hb content and were advised by doctor and also distributed information pomplets regarding the iron reach food.

ACADEMIC YEAR: 2018-19

13th January 2019 haemoglobin level determination camp was organized during the seven days special camp of NSS. Doctor's with his team of Dattaji Bhale blood bank Hedgewar hospital Aurangabad was present for the event. the Hemoglobin level of 96 women was checked. Few of them were identified with increase Hb content and addressed by the doctor.

ACADEMIC YEAR: 2019-20

13th January 2020 On 13th January 2020 Haemoglobin level determination camp was organised with the help of NSS volunteers during the special day camp. The villagers responded enthusiastically haemoglobin level check-up. The Hemoglobin level of 91 women was checked. Few of them were identified with maximum Hb content and addressed by doctors accordingly. Besides these villagers and many of teaching, non-teaching staff, student from college took part voluntarily for blood donation.

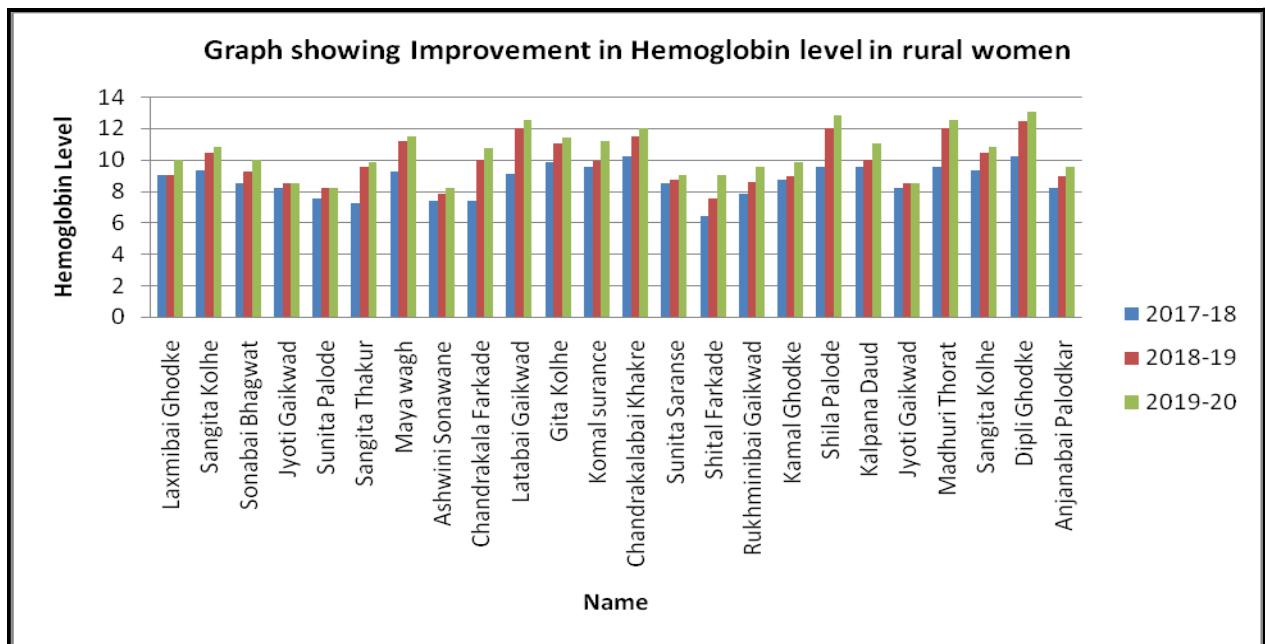
EVIDENCE OF SUCCESS

The Hemoglobin level of women was checked consecutively for 3 years. Few of them were identified with low Hb content. They are informed about when the level of hemoglobin in blood and may be experiencing one or more of the following symptoms- fatigue, weakness, shortness of breath, dizziness, headaches, pale skin, brittle nails, rapid heartbeat and poor appetite. If it drops beyond an acceptable level, the condition is called Anemia, also known as iron deficiency. Doctors and experts team and staff female employees addressed the issue with women along with their family members and suggested iron deficiency can be fought by following a strict diet including foods that are rich in iron, folic acid, and vitamins C and B12. Doctors suggested women to eat healthy diet which is very cheap and easily available to them like spinach, beans, pulses, seasonable fruits available to them in farm. During the 3 years it is found that 25

rural women who were found deficient hemoglobin earlier improved the Hb level. Hence the camps organized were fruitful at our end.

SUMMARY/CONCLUSIONS:

Food Play very important role in human being. Day by day the quality of food is decreases, so that the impact of it is reflected on health and its issues. The demand of food increases due to increase in populations. So that responsibility of society on the solder, of man & woman both. But unfortunately, the women are living in rural area not much aware about balance diet. Our Institution has decided to increase the hemoglobin level and we tried for three years to increase the hemoglobin level by taking camp and observations.



The graph shows that the hemoglobin level changed by taking proper food and medic in under the guidance of reported doctor and it's team.

In the Year 2017-18 maximum hemoglobin level is 10.2 which increase up to 11.2 in the case of Mrs. Chadrakalabai Khakre also in case of Mrs. Madhuri Thorat the hemoglobin level is increases 9.5 to 12.5.

The following statement Showing random specimen of person whose HB status has been increased after their constant checkup & getting counselling from experts organized by,

Sr. No	Name	Age	Blood Group	Improvement in Haemoglobin Status		
				2017-18	2018-19	2019-20
1	Laxmibai Ghodke	36	B ⁺ ve	9.0	9.0	10.0
2	Sangita Kolhe	41	A ⁺ ve	9.3	10.4	10.8
3	Sonabai Bhagwat	42	A ⁻ ve	8.5	9.2	10.0
4	Jyoti Gaikwad	37	AB ⁺ ve	8.2	8.5	8.5
5	Sunita Palode	39	AB ⁻ ve	7.5	8.2	8.2
6	Sangita Thakur	45	B ⁻ ve	7.2	9.5	9.8
8	Maya wagh	35	AB ⁺ ve	9.2	11.2	11.5
9	Ashwini Sonawane	28	B ⁻ ve	7.4	7.8	8.2
10	Chandrakala Farkade	41	B ⁺ ve	7.4	10.0	10.7
11	Latabai Gaikwad	48	B ⁻ ve	9.1	12.0	12.5
12	Gita Kolhe	33	A ⁺ ve	9.8	11.0	11.4
13	Komal surance	36	AB ⁻ ve	9.5	9.9	11.2
14	Chandrakalabai Khakre	33	B ⁺ ve	10.2	11.5	12.0
15	Sunita Saranse	33	B ⁻ ve	8.5	8.7	9.0
16	Shital Farkade	31	O ⁺ ve	6.4	7.5	9.0
17	Rukhminibai Gaikwad	38	B ⁻ ve	7.8	8.6	9.5
18	Kamal Ghodke	32	B ⁻ ve	8.7	8.9	9.8
19	Shila Palode	41	A ⁺ ve	9.5	12	12.8
20	Kalpana Daud	33	AB ⁻ ve	9.5	10.0	11.0
21	Jyoti Gaikwad	37	AB ⁻ ve	8.2	8.5	8.5
22	Madhuri Thorat	34	A ⁺ ve	9.5	12	12.5
23	Sangita Kolhe	41	B ⁻ ve	9.3	10.4	10.8
24	Dipli Ghodke	29	A ⁺ ve	10.2	12.4	13.0
25	Anjanabai Palodkar	34	B ⁻ ve	8.2	8.9	9.5

Hemoglobin diet plan for rural women by suggesting iron rich food.

Food	g Phytate/100 g Food	mg Iron/100 g Food
soybean seed	1.0–2.22	15.7
sesame seed	1.44–5.36	14.5
bean	0.61–2.38	9.0
lentil	0.27–1.51	7.4
flax seed	2.15–3.69	7.2
indian walnut	0.19–4.98	6.7
sunflower seeds	3.9–4.3	6.0
wheat seed	0.39–1.35	5.3
oats	0.42–1.16	4.7
pea	0.22–1.22	4.7
hazelnut	0.23–0.92	4.7
peanut	0.17–4.47	4.5
chickpeas	0.28–1.60	4.3
rice	0.06–1.08	4.0
pistachio nuts	0.29–2.83	3.9
almond nuts	0.35–9.42	3.7
corn	0.72–2.22	3.0
walnut	0.20–6.69	2.9
rye seed	0.54–1.46	2.6



Dr. Yogesh Lakkas. Mr. Ramesdh Thakur, Principal and others in K.L. check camp (2017-18)



Dr. Yogesh Lakkas counseling the women from village Chandapur and describing to them about important healthy diet. Academic year 2017-18

PHOTO – Camp 2018-19



PHOTO – Camp 2018-19





पुढारी

औरंगाबाद, शुक्रवार
१९ जानेवारी २०१९

जलसंवर्धनात विद्यार्थ्यांनी योगदान द्यावे

प्रा. पाटील : चांदापूर येथे इंदराज महाविद्यालयात रासेयो शिबिराचा शुभारंभ

सिल्लोड, प्रतिनिधी : समाजातील रचनात्मक कार्यांचा आढावा घेत वैयक्तिक व सामाजिक समस्या सोडविण्यासह नृक्षसंवर्धन, जलसंवर्धन व जल व्यवस्थापन कले कला येरल, यत्नात विद्यार्थ्यांनी योगदान द्यावे, असे आवाहन डॉ. बाबसाहेब अंबेडकर मण्डळाच्या विद्यापीठातील रासेयो विभागाचे संचालक प्रा. डॉ. टी. आर पाटील यांनी केले.

श्रीवीर इंदराज कला वाणिज्य शास्त्र विज्ञान महाविद्यालयातील राष्ट्रीय सेवा योजना विभागाच्या वतीने विविध श्रमदान शिबिराचा शुभारंभ पाटील यांच्या हस्ते करण्यात आला. यावेळी ते बोलत होते.

कार्यक्रमाच्या अध्यक्षस्थानी शिक्षण संस्थेचे सचिव अॅड. जे. आर. देवरे यांची उपस्थिती होती. प्रमुख पाहुणे म्हणून स्थानिक निवामक मंडळाचे सदस्य निवृत्त प्राचार्य आर.



सिल्लोड : इंदराज महाविद्यालयातील रासेयो शिबिराच्या उद्घाटनप्रसंगी बोलताना रासेयो संचालक डॉ. टी. आर. पाटील, व्यासपीठावर उपस्थित मान्यवर.

एच. बलरावत, प्राचार्य डॉ. पी. पी. शर्मा, उपप्राचार्य डॉ. व्ही. बी लान, सरपंच द्वारकाबाई राम फरकाडे उपसरपंच ताराबाई पालोडे, राम फरकाडे, रासेयो कार्यक्रमाधिकारी प्रा. डॉ. संतोष चौधरीवाले, डॉ. महेश बाबरेकर, प्रा. चंद्रशेखर देवकाते आदींची उपस्थिती होती. यावेळी निवृत्त प्राचार्य बलरावत, प्राचार्य डॉ. पी. पी. शर्मा यांची समुपेक्षित भाषणे झाली. तर अध्यक्षीय समारोप अॅड.

देवरे यांनी केला. कार्यक्रमाचे प्रारंभिक कार्यक्रमाधिकारी प्रा. डॉ. संतोष चौधरीवाले यांनी, सूक्तचालन सहकार्यक्रमाधिकारी प्रा. डॉ. मनीषा मुगळीकर, तर आभार कार्यक्रमाधिकारी प्रा. चंद्रशेखर देवकाते यांनी मानले.

कार्यक्रम यशस्वी करण्यासाठी कार्यक्रमाधिकारी डॉ. महेश बाबरेकर, डॉ. अजित येळवंडे यांच्यासह सर्व

प्राध्यापक, शिक्षक कर्मचारी, विद्यार्थी स्वयंसेवक यांनी परिश्रम घेतले. हे शिबिर १५ जानेवारीपर्यंत चालणार असून या शिबिरामध्ये श्रमदान तसेच जलसंवर्धन व जलव्यवस्थापन या विषयावर जणजांची व्याख्याने तसेच रक्तदान शिबीर, हिमोप्लोविन व रक्तगट तपासणी शिबीर, सौतकी मेळावा, ग्रामस्वच्छता, युवक दिन, महाराष्ट्रातील आदर्श गावे या विषयांची चित्रफीत दाखविण्यात येणार आहे.

पुढारी

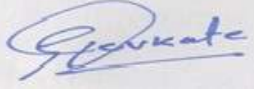
औरंगाबाद, शनिवार,
१९ जानेवारी २०१९

रासेयो शिबिराचा चांदापूर येथे समारोप

सिल्लोड : येथील इंद्रराज महाविद्यालयाच्या राष्ट्रीय सेवा योजनेच्या श्रमदान शिबिराचा समारोप तालुक्यातील चांदापूर येथे शिक्षण संस्थेचे सचिव जे.आर. देवरे यांच्या अध्यक्षतेखाली नुकताच पार पडला. यावेळी व्यासपीठावर प्रा. शाम आगळे, सरपंच राम फरकाडे, प्राचार्य डॉ. पी. पी. शर्मा, उपप्राचार्य डॉ. व्ही. बी. लांब, रासेयो कार्यक्रम अधिकारी डॉ. संतोष चौधार्ईवाले, डॉ. महेश बाबरेकर यांची उपस्थिती होती. याप्रसंगी बाबरेकर यांनी शिबिराच्या सात दिवसांमध्ये रासेयो स्वयंसेवकांनी केलेल्या विविध सामाजिक व राष्ट्रीय कामांचा आढावा सादर केला. रक्तदान शिबिरात ३१ जणांनी रक्तदान केले. तसेच गावातील ८९ महिलांची हिमोग्लोबिन तपासणी करण्यात आली. रासेयो स्वयंसेवकांनी सामाजिक समस्या सोडविण्यात अग्रेसर रहावे, असे आवाहन देवरे यांनी केले. कार्यक्रमाचे सूत्रसंचालन डॉ. मनीषा मुगळीकर तर आभार प्रा. बाबरेकर यांनी मानले. कार्यक्रमाच्या यशस्वितेसाठी डॉ. संतोष चौधार्ईवाले, प्रा. चंद्रशेखर देवकाते, डॉ. अजित येळवंडे यांनी परिश्रम घेतले.



NSS Programme Officer
Dr. Mahesh Babrekar



NSS Programme Officer
Dr. C.G. Devkate



Women's Empowerment cell
Dr. Smt. R.M. Biradar

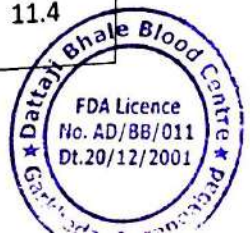
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**Indraraj Arts, Commerce and Science College,
Sillod. Dist. Aurangabad**

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women

**Activity by – Woman Empowerment Cell and N.S.S. Department
Academic Year: 2019-20**

Sr. No	Name	Age	Blood Group	Improvement in Haemoglobin Status		
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1	Laxmibai Ghodke	36	B ⁺ ve	9.0	9.0	10.0
2	Sangita Kolhe	41	A ⁺ ve	9.3	10.4	10.8
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4	Jyoti Gaikwad	37	AB ⁺ ve	8.2	8.5	8.5
5	Sunita Palode	39	AB ⁻ ve	7.5	8.2	8.2
6	Sangita Thakur	45	B ⁻ ve	7.2	9.5	9.8
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9	Ashwini Sonawane	28	B ⁻ ve	7.4	7.8	8.2
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11	Latabai Gaikwad	48	B ⁻ ve	9.1	12.0	12.5
12	Gita Kolhe	33	A ⁺ ve	9.8	11.0	11.4



13	Komal surance	36	AB ^{ve}	9.5	9.9	11.2
14	Chandrakalabai Khakre	33	B ^{ve}	10.2	11.5	12.0
15	Sunita Saranse	33	B ^{ve}	8.5	8.7	9.0
16	Shital Farkade	31	O ^{ve}	6.4	7.5	9.0
17	Rukhminibai Gaikwad	38	B ^{ve}	7.8	8.6	9.5
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24	Dipli Ghodke	29	A ^{ve}	10.2	12.4	13.0
25	Anjanabai Palodkar	34	B ^{ve}	8.2	8.9	9.5



Extension Service - Hemoglobin Level Determination and Blood Group Detection in Rural Women
Activity by - Women Empowerment Cell and N.S.S.

Academic Year: 2017-18

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
1.	Chandrakala Bhatade	44	8	A+ve	चंद्रकला
2.	Sangita Thakur	45	7.2	B+ve	संगिता
3.	Laxmibai Palode	47	7.5	A+ve	लक्ष्मी
4.	Lilabai Sapkal	31	7.5	B+ve	Lilabai Sapkal
5.	Ashwini Sonawane	28	7.4	B+ve	अश्विनी
6.	Latabai Graikwad	48	9.1	B+ve	लताबाई
7.	Subhadrabai Palode	49	9.2	A+ve	पालोदे
8.	Latabai Palode	31	10	AB+ve	लता पालोदे
9.	Chandrakala Farkade	41	7.4	B+ve	चंद्रकला
10.	Kokila Palode	27	9.5	O+ve	कोकिला
11.	Manisha Farkade	51	10.2	B+ve	मनिशा फर्काडे
12.	Laxmibai Ghoadke	36	9.0	B+ve	Laxmibai Ghoadke
13.	Kantabai Farkade	52	7.6	O+ve	कान्ताबाई
14.	Gayabai Palode	37	7.5	AB+ve	गायाबाई
15.	Nitmalabai Saranse	53	8.4	AB+ve	निर्मला
16.	Shila Palode	41	9.5	A+ve	शिला पालोदे
17.	Chaya Saranse	54	7.5	B+ve	अरनसे
18.	Radhabai Kolhe	39	11.2	A+ve	राधाबाई
19.	Mamtabai Ghoadke	59	7.3	AB+ve	Mamtabai
20.	Shantabai Saranse	28	8.0	B+ve	शान्ताबाई



शिला

Indraraj Arts, Commerce and Science College, Sillod

Extension Service – Hemoglobin Level Determination and Blood Group Detection in Rural Women
Activity by – Women Empowerment Cell and N.S.S.

Academic Year: 2017-18

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
21.	Komal Saranse	36	9.5	AB+ve	Romal
22.	Pratibhai Bhagwat	56	9.2	B+ve	प्रतिभाबाई
23.	Pratiksha Thorat	38	6.5	B+ve	Thorat
24.	Kaveri Saranse	57	9.0	B+ve	कावेरी
25.	JiJabai Ghoadke	42	10.2	A+ve	जिजाबाई
26.	Sangita Saranse	58	9.4	B+ve	Sarasense
27.	Surekha Saranse	47	7.8	A+ve -ve B AB	सुरेखा
28.	Malanbai Ghoadke	59	8.2	A+ve	मलनबाई
29.	Pushpabai Thorat	50 45	10.4	A+ve	पुष्पाबाई
30.	Sunita Saranse	33	8.5	B+ve	Sunita
31.	Bitubai Kolhe	39	7.2	AB+ve	बिजूबाई
32.	Padmambai Palode	36	11.9	AB+ve	Palode
33.	Indubai Bhagwat	61	9.3	B+ve	
34.	DwarKabai Bhagwat	44	7.5	AB+ve	द्वारकाबाई
35.	Shantabai Solunke	62	7.2	AB+ve	
36.	Sangita Palode	63	10.4	B+ve	संगिता
37.	Sumanbai Doude	65	8.2	AB+ve	
38.	Tara Ghoadke	32	11	B+ve	तारा घोडके
39.	Geeta Ghoadke	34	9.2	B+ve	Geeta Ghoadke
40.	Vacchalabai Palode	65	10	AB+ve	वाचलाबाई पालोडे



8/11

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Academic Year: 2017-18

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
41.	Sonabai Bhagwat	42	8.5	A+ve	सोनाबाई
42.	Tatabai Farkade	66	9.4	B+ve	
43.	chandrakalabai Khakhe	33	10.2	B+ve	चंद्रकला
44.	Shakuntalabai Ghodke	67	9.5	O+ve	
45.	Anjanabai Palodkar	34	8.2	B+ve	अंजनाबाई
46.	chandrabhaja Palode	68	10.5	AB+ve	पालोदे
47.	Anuradha Shejul	35	7.4	O+ve	अनुराधा
48.	Durgabai Palode	69	9.1	O+ve	
49.	Rekhabai Ghodke	70	7.2	AB+ve	
50.	Dipali Ghodke	29	10.2	A+ve	Dipali
51.	Kasubai Thorat	71	6.6	B+ve	
52.	Jyoti Gaikwad	37	8.2	AB+ve	ज्योती गाईकवाड
53.	Anjanabai Mahakal	72	10	A+ve	
54.	Jaishree Farkade	34	9.7	AB+ve	जायश्री
55.	Nirmala mirge	73	9.3	A+ve	
56.	Geeta Kolhe	33	9.8	A+ve	गीताकोल्हे
57.	Yeshoda Kolhe	74	7.2	B+ve	
58.	Kamal Ghodke	32	8.7	B+ve	कमल
59.	Sangeeta Kolhe	41	9.3	B+ve	सांगेता
60.	Nandabai Kolhe	75	10.4	B+ve	



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Indraraj Arts, Commerce and Science College, Sillod

Extension Service - Hemoglobin Level Determination and Blood Group Detection in Rural Women
Activity by - Women Empowerment Cell and N.S.S.

Academic Year: 2017-18

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
61.	Shital Farkade	31	6.4	O ⁺ ve	Farkade
62.	Nandabai Ghodke	76	7.2	A B ⁺ ve	
63.	Ratnabai Kolhe	77	9.5	B ⁺ ve	
64.	Ranjana Dalvi	32	10.2	B ⁺ ve	2/10/1
65.	Dwarakabai Farkade	78	7.3	AB ⁺ ve	
66.	Kalpna Doude	33	9.5	AB ⁺ ve	Kalpna
67.	Archana Doud	79	10.4	B ⁺ ve	दौड
68.	Sakala Sakanse	34	10.5	O ⁺ ve	Sakanse
69.	Uawalabai Palodkar	80	6.8	A ⁺ ve	
70.	Sunita Jadhav	36	10.8	B ⁺ ve	S. Jadhav
71.	Rukminbai Gaikwad	38	7.8	B ⁺ ve	
72.	Maya Wagh	35	9.2	AB ⁺ ve	Maya
73.	Jyoti Sapkal	81	8.3	AB ⁺ ve	
74.	Sadhna Sapkal	81	9.2	B ⁺ ve	
75.	Mandabai Farkade	37	10.2	A ⁺ ve	मंडबाई
76.	Rekha Bhagwat	84	10.1	AB ⁺ ve	
77.	Laxmi Bhagwat	38	7.2	B ⁺ ve	लक्ष्मी
78.	Rupali Ghodke	65	8.0	AB ⁺	रुपाली
79.	Sunita Palode	39	7.5	AB ⁺ ve	सुनीता
80.	Sunita Naval	40	8.4	A ⁺ ve	सुनीता नवल




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Indraraj Arts, Commerce and Science College, Sillod

Extension Service – Hemoglobin Level Determination and Blood Group Detection in Rural Women
Activity by – Women Empowerment Cell and N.S.S.

Academic Year: 2017-18

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
81.	Manisha Ghodke	41	9.4	O ⁺ ve	<u>Manisha</u>
82.	Anjanabai Ghodke	67	7.1	A ⁺ ve	
83.	Suman Ghodke	31	8.5	B ⁺ ve	<u>Suman</u>
84.	Ganga Ghodke	52	7.9	AB ⁺ ve	<u>Ganga</u>
85.	Rupali Ghodke	44	9.4	B ⁺ ve	<u>Rupali</u>
86.	Madhuri Thorat	34	9.5	A ⁺ ve	<u>Madhuri</u>
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Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women
Activity by - Women Empowerment Cell and N.S.S.
Academic Year: 2018-19

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
1.	chandrakala furskade	42	10	B ^{trc}	चंद्रकला
2.	Gayabai Palode	38	11	AB ^{trc}	गायाबाई
3.	shila Palode	42	12	A ^{trc}	शिला पाळडे
4.	chandrakala Bhosade	45	11.8	A ^{trc}	चंद्रकला
5.	Laxmibai Ghodke	37	09	B ^{trc}	Ghodke
6.	Kokila Palode	28	12.2	O ^{trc}	कोकिला
7.	Ashiwini Sobawane	29	07.8	B ^{trc}	अश्विनी
8.	Rachabai Kolhe	40	10	A ^{trc}	राधाबाई
9.	shantabai saranse	29	9.8	B ^{trc}	शांताबाई
10.	Komal Saranse	37	13.2	B ^{trc}	Romal
11.	Jijabai Ghodke	43	11.0	A ^{trc}	जिजाबाई
12.	Suhita Saranse	34	8.7	B ^{trc}	Suhita
13.	Dwartakabai Bhagwat	45	10	AB ^{trc}	द्वार्ताबाई
14.	sumanbai Daud	66	10.5	B ^{trc}	Sumanbai
15.	Radmimbai Palode	37	12.3	AB ^{trc}	Radmimbai
16.	Surekha Saranse	48	09	AD ^{trc}	सुरेखा
17.	Bijubai Kolhe	40	10.0	AD ^{trc}	बिजुबाई
18.	sangita Kolhe	42	10.4	B ^{trc}	सांगिता
19.	sonabai Bhagwat	43	9.2	A ^{trc}	सोनाबाई
20.	chandrakalabaikhatke	34	11.5	B ^{trc}	चंद्रकला

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Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women

Activity by - Women Empowerment Cell and N.S.S.

Academic Year: 2018-19

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
21.	Anjanabai Palodkar	35	08.9	B ⁺ ve	अंजनबाई
22.	Deepali Ghodke	30	12.4	A ⁺ ve	Deepali
23.	Jyoti Gaikwad	38	8.5	AB ⁺ ve	ज्योती गायकवाड
24.	Grita Kolhe	34	11.0	A ⁺ ve	गीता कोल्हे
25.	Kamat Ghodke	33	8.9	B ⁺ ve	कमल कोल्हे
26.	Shital Farkade	32	7.5	O ⁺ ve	शीताल फारकाडे
27.	Ranjana Dalvi	33	6.8	B ⁺ ve	रंजना
28.	Kalpana Daud	34	10.0	AB ⁺ ve	Kalpna
29.	Safla Saranse	35	12.0	O ⁺ ve	Safla
30.	Maya Wagh	36	11.2	AB ⁺ ve	Maya
31.	Sumita Jadhav	37	10.9	B ⁺ ve	S. Jadhav
32.	Mandabai Farkade	38	09	A ⁺ ve	मंदाबाई
33.	Laxmibai Bhagwat	39	9.4	O ⁺ ve	लक्ष्मी
34.	Sumita Palode	40	8.2	AB ⁺ ve	सुमिता
35.	Sumita Nawal	41	8.5	A ⁺ ve	सुमिता नवल
36.	Shikha Shaikh	28	12.4	A ⁺ ve	Shikha
37.	Suman Ghodke	32	11	B ⁺ ve	Suman
38.	Rupali Ghodke	36	7.2	B ⁺ ve	Rupali
39.	Sangita Thakur	46	9.5	B ⁺ ve	संगिता
40.	Laxmibai Palode	48	9.5	A ⁺ ve	लक्ष्मी



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Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women
Activity by - Women Empowerment Cell and N.S.S.
Academic Year: 2018-19

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
41.	Laxmi Chaikwad	42	7.1	A ⁺ tr	
42.	Lata Chaikwad	49	12.0	B ⁺ tr	लताबाई
43.	Mamisha Farkade	52	7.4	B ⁺ tr	मनिषा फर्काडे
44.	Nirmalabai Saranse	54	9.3	AB ⁺ tr	निर्मला
45.	Chaya Saranse	55	10.2	B ⁺ tr	सरनसे
46.	Mamtabai Ghodke	60	10.9	AB ⁺ tr	Mamtabai
47.	Pratibhabai Bhagwat	57	12.2	B ⁺ tr	प्रतिभाबाई
48.	Kawari Saranse	58	10.0	AB ⁺ tr	
49.	Sangita Saranse	59	8.4	B ⁺ tr	SARANSE
50.	Malinibai Ghodke	60	8.2	A ⁺ tr	
51.	Indubai Bhagwat	62	11.1	B ⁺ tr	
52.	Shantabai Solunke	63	9.2	AB ⁺ tr	
53.	Gita Ghodke	35	7.5	B ⁺ tr	Ghodke
54.	Vacchabai Palode	66	10.8	AB ⁺ tr	पाळोडे वाचबाई
55.	Talabai Farkade	67	12	B ⁺ tr	
56.	Shakuntalabai Ghodke	68	11.2	O ⁺ tr	
57.	Durgabai Palode	70	7.9	O ⁺ tr	
58.	Rekhabei Ghodke	71	8	AB ⁺ tr	
59.	Kasubai Theat	72	6.8	B ⁺ tr	
60.	Anjanabai Mahataf	73	12.1	A ⁺ tr	



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Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women

Activity by - Women Empowerment Cell and N.S.S.

Academic Year: 2018-19

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign /thumb impression
61.	Nisimala mirge	74	10.2	A ⁺ trc	
62.	Yeshoda Kolhe	75	7.4	B ⁺ trc	
63.	Mandabai Ghodke	77	11	AB ⁺ trc	
64.	Ratanibai Kolhe	78	10	B ⁺ trc	
65.	Dwarkabai farkade	79	07	AB ⁺ trc	
66.	Arhana Daud	80	8.5	B ⁺ trc	
67.	Jyoti sarkat	82	11.2	AB ⁺ trc	
68.	Ujawalabai Palodkar	81	6.9	A ⁺ trc	
69.	Rukhamini bai Gaikwad	89	08.6	B ⁺ trc	
70.	sadhana sarkat	82	12	B ⁺ trc	
71.	Rekha Bhagwat	85	8.2	AB ⁺ trc	
72.	Ruedi Ghodke	66	10.5	B ⁺ trc	
73.	chaya phandke	34	12	A ⁺ trc	
74.	Madhuri Thorat	35	12	A ⁺ trc	
75.	Vaishali mirge	34	9	AB ⁺ trc	
76.	Kasubai Thorat	56	09	AB ⁺ trc	
77.	suman Palode	46	11	B ⁺ trc	
78.	Ganga Ghodke	35	11	AB ⁺ trc	
79.	Gita Ghodke	30	12	B ⁺ trc	
80.	Manisha Ghodke	42	10	O ⁺ trc	



Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women
Activity by - Women Empowerment Cell and N.S.S.
Academic Year: 2018-19

Sr No	Name	Age	Hemoglobin status	Blood Group	Sign / thumb impression
81.	Lilabai sarkal	31	7.0	Btrc	
82.	subhadrabai Palode	50	9.6	Atrc	पलदे
83.	Latabai Palode	32	10.6	ABtrc	पलदे
84.	Kantabai ferkade	53	10.2	Otrc	कांताबाई
85.	Shila Palode	42	9.8	Atrc	
86.	Komal saranse	37	9.9	ABtrc	Romal
87.	Artiksha Thorat	39	8.6	Btrc	Thorat
88.	Puspabai Thorat	46	10.6	Atrc	
89.	Sumanbai Daud	46	9.5	ABtrc	
90.	Tara Ghodke	35	11.4	Btrc	तरा घोडके
91.	Chandrabhaga Palode	69	10.6	ABtrc	पालदे
92.	Anuradha shejul	36	11.4	Otrc	अनुराधा
93.	Jaishree ferkade	35	9.9	ABtrc	जाश्री
94.	Nandabai Kolhe	76	10.6	Btrc	
95.	Rupali Ghodke	46	9.0	ABtrc	रुपाली
96.	Kalpna Daud	34	10.6	Btrc	Kalpona
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Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women

Activity by - Woman Empowerment Cell and N.S.S.

Academic Year: 2019-20

Sr No	Name	Age	Hemoglobin Status	Blood Group	Sign/Thumb Impression
1	Rekhabai Palode	50	10.7	A+ve	Rekhabai Palode
2	Geeta Ghodke	32	11.4	B+ve	Geeta
3	Gayabai Thoset	47	9.4	O+ve	Gayabai
4	Shila Dhande	42	8.4	O+ve	Dhande
5	Anuja Jadhav	22	11.2	A+ve	Jadhav
6	Chhaya Phandhase	22	12.2	B+ve	Phandhase
7	Shirin Shaikh	20	10.2	A+ve	Shirin
8	Jyoti Moze	19	10.1	O+ve	Jyoti
9	Chandrakantabai Thoset	45	12.5	A+ve	Chandrakantabai
10	Madhuri Thoset	33	12.8	A+ve	Madhuri
11	Dipali Ghodke	24	11.9	A+ve	Dipali
12	Rukhamini Gaikwad	40	9.5	B+ve	Gaikwad
13	Renuka Sonawane	20	10.1	A+ve	R. Sonawane
14	Dipa Gaikwad	23	11.4	B+ve	Dipa
15	Laxmi Bhagwat	40	10.0	A+ve	Laxmi
16	Suman Ghodke	39	11.4	B+ve	Suman
17	Suzekha Dhandge	20	12.4	A+ve	Phandge
18	Komal Saganse	58	10.02	B+ve	Komal
19	Laxmibai Ghodke	38	10.0	B+ve	Ghodke
20	Laxmibai Sapkal	42	8.5	A+ve	Sapkal



Indraraj Arts, Commerce and Science College, Sillod

Extension Service: H19emoglobin Level Determination & Blood Group Detection in Rural Women
 Activity by - Woman Empowerment Cell and N.S.S.
 Academic Year: 2019-20

Sr No	Name	Age	Hemoglobin Status	Blood Group	Sign/Thumb Impression
21	Padminibai palode	38	12.6	AB+ve	Ppalode
22	Dwaekabai Bhagwat	46	10.5	AB+ve	डवाकावत
23	Sonabai Bhagwat	44	10.0	A+ve	सोनाबाई
24	chandrakalabai khakee	35	12.0	B+ve	चंद्रकाळी
25	Jyoti Gairwad	39	8.5	AB+ve	ज्योती गायवाड
26	shital Paekade	33	9.0	O+ve	शिताळी
27	Gita khole	35	11.5	A+ve	गीताकोळे
28	Mandabai Paekade	39	9.7	A+ve	मंडाबाई
29	Maya Wagh	57	11.5	AB+ve	मया
30	Latabai Gairwad	50	12.5	B+ve	लताबाई
31	Laxmibai palode	49	10.0	A+ve	लक्ष्मी
32	Lata palode	47	8.5	AB+ve	लता पाळोडे
33	Rupali Ghodke	47	7.8	B+ve	रुपाली
34	Sumita palode	41	7.2	AB+ve	सुमिता
35	Manita bai Ghodke	61	11.0	AB+ve	मनिताबाई
36	Anjanabai mahakar	74	12.2	A+ve	
37	Kasabai Throat	73	7.5	B+ve	
38	shakti ghodke	69	9.7	AB+ve	
39	shantabai salunke	64	10.7	AB+ve	
40	Malanbai Mahanibai Ghodke	61	8.7	A+ve	मनिताबाई



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Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women

Activity by - Woman Empowerment Cell and N.S.S.

Academic Year: 2019-20

Sr No	Name	Age	Hemoglobin Status	Blood Group	Sign/Thumb Impression
41	Gita Godke	36	8.5	B+ve	
42	Vachalabai Palode	67	10.9	AB+ve	वचलबाई पालोडे
43	Indubai Bhagwat	63	11.5	B+ve	
44	Sangita Sane	60	9.0	B+ve	
45	Dhagabai Palode	71	8.2	O+ve	
46	Tarabai Paekade	68	12.5	B+ve	
47	Rekhabai Ghodke	72	8.5	AB+ve	
48	Nimtabai Minge	75	10.7	A+ve	
49	Nandhinibai Ghodke	78	11.8	AB+ve	
50	Yashodha Kolhe	76	8.2	B+ve	
51	Gayabai Palode	39	11.8	AB+ve	गायबाई पालोडे
52	Radhabai Kolhe	41	10.8	A+ve	राधाबाई
53	Sunita Sane	35	9.0	B+ve	Sunita
54	Shila Palode	43	12.8	A+ve	शिला पालोडे
55	Kokila Palode	29	13.2	O+ve	कोकिला
56	Jitabai Ghodke	44	12.2	A+ve	जिताबाई
57	Bumanbai Dared	67	11.2	B+ve	
58	Shantabai Sane	30	11.0	B+ve	शान्ताबाई
59	Ashwini Sonawane	30	8.2	B+ve	अश्विनी
60	Surekha Sane	49	10.2	B+ve AB+ve	सुरेखा



Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women

Activity by - Woman Empowerment Cell and N.S.S.

Academic Year: 2019-20

Sr No	Name	Age	Hemoglobin Status	Blood Group	Sign/Thumb Impression
61	Anjanabai Palodkar	36	9.5	B+ve	अंजनाबाई
62	Kalpna Daud	35	11.0	AB+ve	Kalpna
63	Dipali Ghodke	31	13.0	A+ve	
64	Sangita Kolhe	43	10.8	B+ve	संगिता
65	Sumita Palode	41	8.2	AB+ve	सुमिता
66	Suman Ghodke	33	12.2	B+ve	Suman
67	Sangita Thakur	47	9.8	B+ve	संगिता
68	Laxmi Gaikwad	43	8.2	A+ve	(-)
69	Nirmalabai Saeanse	55	10.3	AB+ve	निर्मला
70	Chhaya Saeanse	56	11.2	B+ve	सुरसे
71	Pratibha Bai Bhagwat	58	13.2	B+ve	प्रतिभा
72	Kaveerai Saeanse	59	11.2	B+ve	
73	Anjanabai Ghodke	72	10.0	B+ve	
74	Ujwalabai Palodkar	69	7.4	AB+ve	
75	Anju Jadhav	45	8.2	A+ve	Anju.
76	Dipali More	47	12.2	B+ve	
77	Alka Palode	30	9.2	B+ve	Palode
78	Madhuri Thorat	34	12.5	A+ve	मधुरी
79	Ganga Ghodke	34	7.8	B+ve	Ganga
80	Nandabai Kolhe	55	11.2	A+ve	



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Indraraj Arts, Commerce and Science College, Sillod

Extension Service: Hemoglobin Level Determination & Blood Group Detection in Rural Women
 Activity by - Woman Empowerment Cell and N.S.S.
 Academic Year: 2019-20

Sr No	Name	Age	Hemoglobin Status	Blood Group	Sign/Thumb Impression
81	Aechama Daud	81 42	7.8	AB+ve	देव
82	Pushpabai Thoset	47	10.5	AB+ve	पुष्पाबाई
83	chandra bhaga palode	58	11.2	B+ve	पालोदे
84	Nandabai Kolhe	47	12.5	A+ve	
85	Manisha Ghodke	42	11.2	AB+ve A+ve	Manisha
86	Jayshree Fakade	47	10.9	A+ve	जयश्री
87	Bijubai Kolhe	41 58	11.2	AB+ve	विजुबाई
88	Sunita Nawal	48	11.2	A+ve	सुनिता नावल
89	Subhadrabai Palode	62	12.2	AB+ve	पालोदे
90	kamal Ghodke	34	9.8	B+ve	कमल
91	Chandrakalabai Ferekade	43	10.7	B+ve	चंद्रकलाबाई
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